



**St. James Assiniboia 55+ Centre** is an independently operated non-profit charitable organization with a mission to encourage Older Adults to improve their quality of life by providing educational, recreational, health and social opportunities.



## Zoom Programs

(stay tuned to the weekly eblasts for the Zoom links!)

### Member Meet up

**Mondays at 2:00 p.m.**

Join us for a catch-up after the weekend! Hear what everyone has been up to over a virtual cup of coffee!



### Pictionary

**Tuesday, August 3rd at 1:00 p.m.**

Get those hands ready and join us for another round of Pictionary!

### Manitoba Trivia

**Thursday, August 5th at 1:00 p.m.**

Let's see how well you know your home province with a fun game of Manitoba themed trivia. From the people that live here and the different places between our borders, prepare to learn more and be challenged.

### Yahtzee

**Tuesday, August 10th at 1:00 p.m.**

Join us for a game of Yahtzee: an intriguing dice game that relies on the odds of your roll and the luck in your palm. Compete for bonus points or be the first to get your straight! Player with the most points wins! Please email Sarah ([sarah@stjamescentre.com](mailto:sarah@stjamescentre.com)) and she will send you a point-tracking card so fun can be had by all.



### Scattergories

**Friday, August 13th at 11:00 a.m.**

Join us for a few rounds of Scattergories to connect with others and test your brain!



### Guess the Meaning

**Tuesday, August 17th at 1:00 p.m.**

Looking to add more interesting words into your vocabulary? This is the perfect game for you! We will be trying to guess the meaning of some pretty uncommon words.

### Guess the Movie

**Friday, August 20th at 11:00 a.m.**

Let's test your cinema knowledge! This game involves trying to guess the title of the movie from the specific scene shown.



### Bingo

**Tuesday, August 24th at 1:00 p.m.**

Are you ready to be a BINGO winner? Beat the heat and join us virtually for BINGO. Email [sarah@stjamescentre.com](mailto:sarah@stjamescentre.com) by Monday, August 23rd at 4:00 p.m. to register and she will email you off a bingo card.

### Brazil Travelogue

**Tuesday August 31st at 1:00 p.m.**

Join us for a Brazilian themed adventure from the comfort of your own home!



## MOVIE MATINEE

Thursdays at 1:00 p.m.

Cost: \$5 (includes popcorn & a drink)



Registration Deadline- Noon the Tuesday before the movie. Max 15 people

### SPONSORED BY TEAM BROWN REALTY

#### Thursday, August 12: High Note

Maggie is the overworked personal assistant to Grace Davis, a superstar singer whose talent and ego have reached unbelievable heights. Stuck running errands, Maggie still wants to fulfill her childhood dream of becoming a music producer. But when Grace's manager presents her with a choice that could alter the course of her career, Maggie and Grace come up with a plan that could change both of their lives forever.

#### Thursday August 26: The Father

Anthony (Academy Award Winner, Anthony Hopkins) is 80, mischievous, defiantly living alone and rejecting the carers that his daughter, Anne (Academy Award and Golden Globe Winner, Olivia Colman), encouragingly introduces. Yet help is also becoming a necessity for Anne; she can't make daily visits anymore and Anthony's grip on reality is unraveling. As we experience the ebb and flow of his memory, how much of his own identity and past can Anthony cling to? How does Anne cope as she grieves the loss of her father, while he still lives and breathes before her? The Father warmly embraces real life, through loving reflection upon the vibrant human condition; heart-breaking and uncompromisingly poignant, this is a movie that nestles in the truth of our own lives.



# COVID-19

## RULES & REGULATIONS



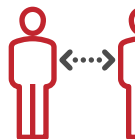
**Masks MUST be worn at all times** while in the Centre. Unless eating or drinking



**Contact Tracing**  
provide contact information



**If you feel sick**  
STAY HOME



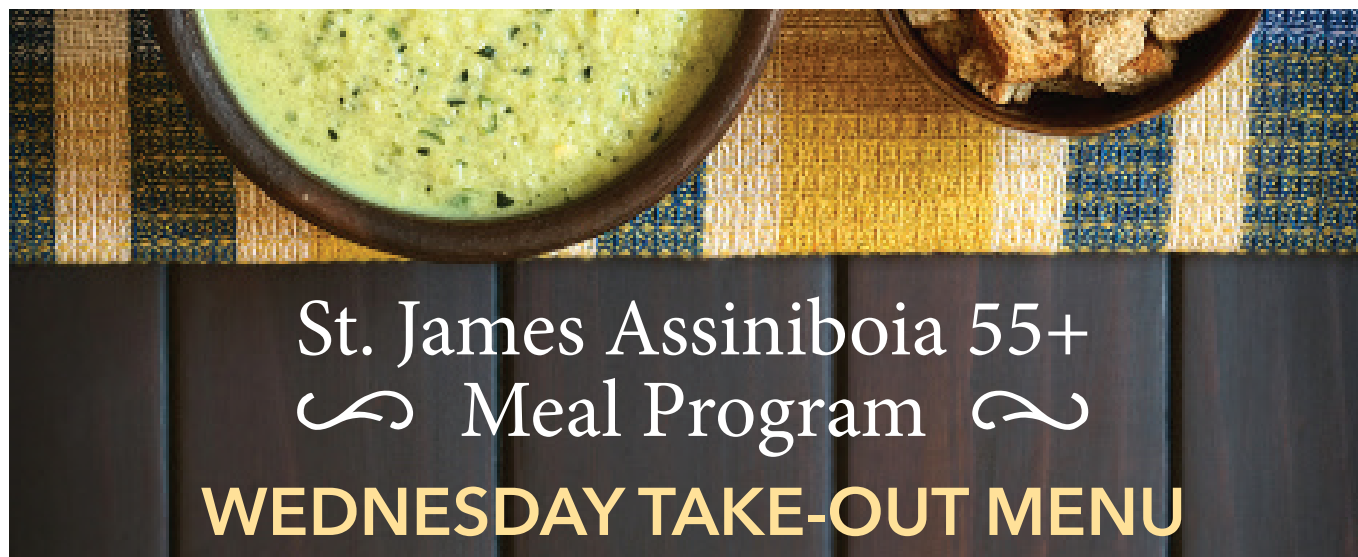
**Social Distancing**  
limiting close contact with others in our programs



**Hand sanitizing**  
Please remember to sanitize your hands frequently

Please respect your fellow members and the Centre staff. It is important we work together to ensure we can all stay safe and healthy.

## Food and Friendship



<b>August 11th</b>	Ham and Cheese Hawaiian Roll Sliders Salad Dessert
<b>August 18th:</b>	Taco Bake Vegetable Medley Dessert
<b>August 25th</b>	Orange Beef and Rice Broccoli Dessert



**Please call Kelly at 987-8850 ext. 103 or email [kelly@stjamescentre.com](mailto:kelly@stjamescentre.com) to place your order.**  
Delivery will be available if you cannot pick up at 203 Duffield St.

**Order Deadline: The Friday before the meal you are ordering.**

Don't forget to ask about adding on some of our available soups to your order!

### Soup Menu

<b>August 9th</b>	African Peanut Sweet Potato Bisque
<b>August 16th</b>	Cabbage Roll Soup Summer Minestrone
<b>August 23rd</b>	Avoglemono Summer Vegetable
<b>August 30th</b>	Zuppa Toscana Roasted Tomato and couscous



## Old TV Shows – Wordsearch

H E E H A W Y M P F O D T D Z O E  
 R F S N W V P D R M T F E O H T K  
 S T U N H R S E O H A H K W A A O  
 T W H L S O I A E O C V R B Z R M  
 R I B G L S J W J T D O E M E Z S  
 U N G P A H A R I L T Y M R L A N  
 O P Z R V L O W A C Z X D B I N U  
 C E F H T U E U O E N X I W H C G  
 T A W O X B G D S L D C C N O L K  
 H K N Q H H Q Y W E T P O O N H I  
 G S Y L I M A F S M A D D A H A D  
 I O G N T X C H I N A B E A C H M  
 N A M T A B Y L P L X I L A P H N  
 Y N N A N E H T O R O S E A N N E

ADDAMS FAMILY

COACH

GUNSMOKE

I SPY

TARZAN

BATMAN

DEAR JOHN

HAZEL

LAUGH IN

THE NANNY

BEWITCHED

DOCTOR WHO

HEE HAW

MANNIX

THE WALTONS

CHINA BEACH

FRASIER

HOWDY DOODY

MAVERICK

TWIN PEAKS

ROSEANNE

### August In-Person Drop-In Programs

**Scrabble:** Monday, August 16th, 23rd, 30th at 1:00pm

**Stamp Club:** Tuesday, August 17th at 1:00pm

**Walking Club:** Wednesdays at 10:00am

**Movie Matinee:** Thursday at 1:00pm, Cost: \$5

August 12th High Note

August 26th The Father

**Cards:** Fridays 1:00-3:00pm

