

Welcome to Urban Stable's Barn Tours

Urban Stable *Barn Tours* are a fun, accessible, educational experience open to all ages (8 years to adult), that provide a great introduction into the world of horses, barn life, and the work we do at Urban Stable. Participants will learn about our horses and discover the horses' personalities while exploring the barn and participating in unmounted (non-riding) games and activities with their group. Participants will benefit from: connecting to self, peers, and nature; building relationships; growing confidence; and gaining physical and emotional well-being. At Urban Stable we believe in the unbridled benefits and connection horses bring when interacting with them from the ground. Learn more about why we use horses at, www.urbanstable.ca.

Urban Stable program activities take place at **Stonehurst Stable, 78-102 MB 7, Stonewall, MB R0C 2Z0**. Please note there is sand footing in the arena and varied terrain.

Before participating in a *Barn Tour* participants/ parents/ guardians are required to complete and sign all registration and release forms. **Please complete and sign all the paperwork in this package and send the completed forms to our Program Director by email, tavia@urbanstable.ca, or by mail to the Urban Stable office (address above).**

What to Expect

○ **Participants Will:**

- Be instructed by Canadian Therapeutic Riding Association (CanTRA) certified instructors and trained volunteers.
- Interact with the horses, participating in games and activities with your group (we are not riding).
- Learn about our horses, discover their personalities, and explore the barn.
- Develop skills such as: Communication, Relationship Building, Teamwork, Leadership, Boundaries, Problem Solving, Emotional and Physical Well-being.
- Connect with nature: Have time to unwind & unplug and reflect & reconnect with self and nature.

○ **Safety:**

Participant Behaviour:

- Always follow the instructors' directions. You/ your youth are kindly requested to follow all rules diligently to sustain a healthy and safe learning environment.
- Respect horses, staff, volunteers, other participants, self, property, and equipment.

What to Wear

○ Participant Attire:

- For safety, no one will be permitted in the barn or arena with open toed or backless footwear. Please wear enclosed footwear, such as runners or boots (no Crocs).
- Please wear weather appropriate clothing as we will be outside at points. Long pants recommended.
- No dangling earrings, necklaces, or scarves.

Facility Policies

- Smoking/Vaping is not allowed around the barn, inside buildings or other barn facilities. If you need to smoke/vape, please smoke/vape in your vehicle, and ensure all cigarette ends are fully extinguished.
- Alcoholic beverages are prohibited on the property.

- Urban Stable is not responsible for personal items. It is your responsibility to properly store all personal gear not in use.
- Waivers must be completed and signed prior to participating in horse activities.
- Dogs are not allowed on barn premises.
- Urban Stable reserves the right to determine the participant's suitability for inclusion in the event.

Urban Stable and its instructors are accredited and certified by the Canadian Therapeutic Riding Association (CanTRA).

Our Values



Inclusion



Integrity



Learning

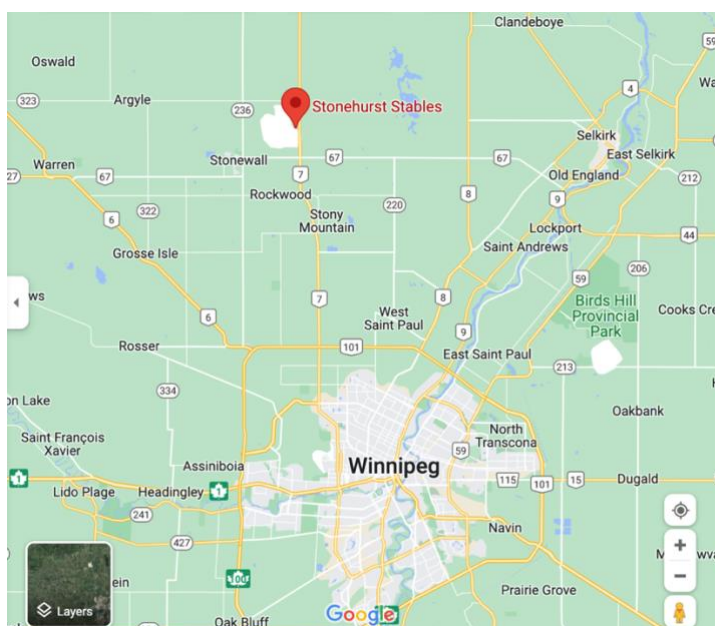


Have fun and feel good knowing you are giving back. By participating in Urban Stable's *Barn Tours*, you are also supporting the charitable work we provide to youth in our community. You are helping youth who are struggling to engage at school for a variety of reasons, such as learning difficulties, autism, or struggling with the loss of a parent or sibling, attend our life changing programs with horses. Working with the horses in our alternative classroom students can grow and unbridle their potential, becoming reengaged with their self, education, and community. You will become a part of this unique, life changing work. Thank you.

Program Testimonials

"My horse helped me to open up." - Audrey Foley

Directions to Stonehurst Stable



Directions:

Stonehurst Stable is just 15 mins north from the perimeter on Highway 7 north. It will come up on Google maps.

Take the Manitoba 7 N exit toward Stonewall from the perimeter and follow MB-7 North for 19.5 km (about 15 mins). The facility is the first property on the left after the highway goes from four lanes down to two lanes. Turn left onto driveway of property – sign at end of driveway reads "Howells" and "Stonehurst Stable".

Once on the Property follow the driveway **past the first property**, the barn is located end of driveway. Please observe property speed limit of **10 kmph**, there may be dogs & children playing. Park on the south side of the driveway /roundabout next to the paddock and trailers. Please do not obstruct the roundabout. Thank you!

Urban Stable Barn Tour Information & Waiver Form

1. PARTICIPANT CONTACT INFORMATION		
<i>- To be completed by Participant or Parent/Guardian if under 18</i>		
Participant Name:		Date (d/m/y):
Address:		
City:	Prov:	Postal Code:
Health Card No. (6 digit)	Health Card No. (9 digit)	
Email:		Phone:
<input type="checkbox"/> Check if you don't want to receive our e-newsletter with exciting program and event updates		
2. EMERGENCY CONTACT:		
Name:	Relationship to Participant:	Phone:
3. PHOTO RELEASE		
<p>In consideration of Urban Stable continuing to provide services to the community, I hereby grant permission for Urban Stable and all members of its staff and volunteers and invited community media to take and use still and moving photographs or film, including television and audiovisual pictures of me/ my child. I release all claims against Urban Stable photographers, their officers, employees, agents, and designees with respect to copyright, ownership and publications including any claim for compensation related to the use of the materials.</p>		
Participant Name:		
Participant Signature:		Date:
4. LIABILITY RELEASE AND ACCEPTANCE OF RISK WAIVER		
Participant Name:		Date:
<p>The risks and hazards of any activity involving horses include, but are not limited to, injuries from: demanding physical techniques; physical contact with other participants; other participants who behave in a negligent manner that may contribute to injury to themselves or others; the unpredictable behaviour of horses and the propensity of any horse regardless of level of training to behave in ways that may result in injury, harm or death to mounted or unmounted persons on or around them.</p> <p>I, and on behalf of my child, family, and any guests I may bring to Urban Stable programs, agree to be bound and abide by the rules and regulations as set forth by Urban Stable. I acknowledge that I/ my child are participating at our own risk and in full knowledge of the physical risks, hazards, and potential hazards that there are inherent in handling horses and otherwise being present for any activities involving horses, and in participation in equestrian activities as a participant/guest at Urban Stable including bodily injury and/or property damage resulting from normal use, or schooling. I understand the risk involved with horse activities and have read/ explained to my child the expectations of horse activities while at Urban Stable.</p> <p>In consideration of the services offered and assistance given to me by Urban Stable I, and behalf of my heirs, administrators, and assigns, hereby acknowledge that I am participating in the workshop/ program and activities connected therewith concluded by Urban Stable at my/my child's sole risk. I agree to save harmless and waive any rights against Urban Stable and exonerate and release you, your agents, employees, volunteers, affiliates past and present, and all who act on your behalf from all responsibility, claims, actions, costs, and expenses in respect to any injury that I may suffer, known or unknown, loss or damage to, however caused, arising out of or in connection with my/his/her participation in workshops/ tours/ programs of Urban Stable.</p>		
Participant Signature:		Date:
Parent/Guardian Signature if under 18:		Date: